

SQR³ Study Strategy

This strategy can be used when studying a text or when using a students' own notes as study tool.



Survey

Skim material to get an overall impression. Look for headings, subheadings, items in bold, etc.



Question

Devise questions that appear to be covered in the material and that are typical questions for the subject.



Read

Read the material to find the answer to your questions.



Recite

Cover the book or notes and say the answer to the question to yourself, out loud if the setting permits. Some people find it helpful to write out their answers in short form as well as say them. The more parts of your brain you use, the better you learn!



Review

When you have finished this process with all the material to be studied, review your questions to be sure that you can still answer them.